

## Reconciliation

### The True Path to Healing and Salvation

*Someone has already shown the way to a harmonious walk, not only with our Creator, but also with our fellow men and women.*

**W**e were created to develop deep, long-lasting relationships with one another. When those bonds are severed through misunderstandings and perhaps abuse, we feel incomplete, isolated and without purpose.

But how does one begin the healing process? Human empathy can prove very helpful and is often essential to positive progress. The one providing the empathy, however, is sometimes limited in his or her capacity to completely understand and identify with the wounded spirit. King Solomon wrote: 'The spirit of a man will sustain him in sickness, but who can bear a broken spirit?' (Proverbs 18:14).

#### Who will help us?

So who is the ultimate comforter and helper? Who can transcend limited human help, encouraging us out of our dejections and pointing us toward healing and salvation?

The truest consolation one can receive is to know there is a godly individual willing to help, One who

Himself has experienced painful rejection and even betrayal. Scripture shows He was 'rejected of men', and 'a Man of sorrows and acquainted with grief' (Isaiah 53:3). He even knew what was it like to face rejection by His own people. 'He came to His own, and His own did not receive Him' (John 1:11).

Knowledge of this 'man of sorrows' – unique among human beings – knowing that He suffered the most brutal sort of rejection and betrayal and successfully overcame them, can bring us much closer to the healing we are seeking.

But how can we reconstruct broken bonds and rebuild right relationships? How can we be reconciled first to our Creator and then to our fellow men and women?

Scripture tells us that God desires a positive relationship with us, but He also says: 'Your iniquities [sins] have separated you from your God' (Isaiah 59:2). In order to fulfill His great purpose and to reconcile human beings to their Creator, the penalty for

breaking God's law had to be paid. Someone had to redeem humankind and reconcile us to God the Father.

#### Enter Jesus Christ into the world

The experiences Christ went through as a human being have been crucial in helping Him understand the serious difficulties we human beings experience during our lives. As Hebrews 4:15 tells us: 'We do not have a high priest who cannot sympathise with our weaknesses, but was in all points tempted as we are, yet without sin.'

Ironically, at perhaps the most dramatic moment in human history – His crucifixion – Christ cried out to His Father, 'My God, My God, why have you forsaken Me?' (Matthew 27:46). This occurred at the very time when the enormous gulf between God and man was just about to be bridged.

But on account of what Jesus Christ represented to God for those few brief moments – the sins of all humanity – 'He who did no

sin became sin for all of us' (2 Corinthians 5:21).

Sin – biblically defined as the transgression of God's law (1 John 3:4; Psalm 51:1-3) – is a major barrier to reconciliation and rebuilding right relationships with God and fellow humans. So Christ took the sins of humanity on His shoulders.

We have a very merciful Advocate in our Saviour, 'Who can have compassion on the ignorant, and on them that are out of the way; for that he Himself also is compassed with infirmity' (Hebrews 5:2, KJV).

Reconciliation requires genuine repentance and forgiveness on our part. But only God can absolve our sins and remove guilt and suffering, and this is only possible through the sacrificial death of His Son Jesus Christ. The apostle Paul wrote that 'God was in Jesus Christ reconciling the world unto Himself' (2 Corinthians 5:19).

### **Symbols of reconciliation to God**

This forgiveness and reconciliation is depicted for us in Jesus Christ's final hours with His disciples. He observed the Passover with them the night before His death.

Paul recounts the events: 'The Lord Jesus on the same night in which He was betrayed took bread; and when He had given thanks, He broke it and said, "Take, eat; this is My body which is broken for you; do this in remembrance of Me." In the same manner He also took the cup after supper, saying, "This cup is the new covenant in My blood. This do, as often as you drink it, in remembrance of Me." For as often as you eat this bread and drink this cup, you proclaim the Lord's death till He comes' (1 Corinthians 11:23-26).

The wine symbolised Christ's blood, 'shed for many for the

remission of sins' (Matthew 26:28). God forgives our sins through Christ's precious blood, cleansing us so that we may be reconciled to God (1 John 1:7). Remember that 'without shedding of blood there is no remission' of sins (Hebrews 9:22).

In just one of its dimensions, the bread represented a new way of life based on a personal relationship with Jesus Christ. 'I am the bread of life . . . This is the bread which comes down from heaven, that one

*Sin – biblically defined as the transgression of God's law – is a major barrier to reconciliation and rebuilding right relationships.*

may eat of it and not die . . . If anyone eats of this bread, he will live forever; and the bread that I shall give is My flesh, which I shall give for the life of the world' (John 6:48-51, excerpts).

### **From resentment to reconciliation with others**

Although the Bible shows that the first and great commandment is to love God, the second one is to love our neighbour as ourselves (Matthew 22:36-40). Reconciliation to God goes hand-in-hand with reconciliation to other human beings (Matthew 6:15).

Yet sometimes we simultaneously bless God, and curse men and women who are made in His image and likeness (James 3:9-10). We can't seem to let go of regrettable past occurrences involving others.

Only God through Jesus Christ can help us fully divest ourselves of past misfortunes. God's intervention in our lives is the only path to the true reconciliation with our fellow men and women that is so essential for our emotional and mental health. But our fellowship with each other has to be firmly based on a right relationship with God and Christ (see 1 John 1:3-7).

Paul wrote: 'Through Him [Jesus Christ] we . . . have access by one Spirit to the Father' (Ephesians 2:18). God's Holy Spirit helps heal serious breaches between human beings. It is the Spirit of reassurance and reconciliation. It is the Spirit of tolerance and cooperation. It is the Spirit of mutual acceptance.

We receive the Holy Spirit from God by the laying on of hands after

we have genuinely repented of our past sins, received forgiveness from God and been baptised in water (see Acts 2:37-39; 8:14-17; 19:6).

### **The ministry of reconciliation**

Then God will enable us to participate in 'the ministry of reconciliation' (2 Corinthians 5:18) or 'the word of reconciliation' (verse 19), aptly referring to Christians as 'ambassadors for Christ' (verse 20).

This magnificent ministry has a personal element and strongly relates to other human beings as well as to our Creator. True diplomacy, encouragement, forgiveness and friendship are all important aspects of reconciliation.

The rewards for reconciliation are infinite! No human life is complete without it. Please request our free booklets *The Road to Eternal Life, Transforming Your Life* and *God's Holy Day Plan: The Promise of Hope for All Mankind*. They explain how this reassuring reconciliation can and will come about – both now for the firstfruits and for all humanity in the age to come.

*John Ross Schroeder*

# Let There Be Peace!

*We are often torn apart emotionally by events, some beyond our immediate control. But whether it is anxiety caused by specific trials, or just the stress of everyday living, few of us today live truly peaceful lives.*

**T**he Bible teaches us that a better world is coming with the return of Jesus Christ. It will be a world characterised by real peace and prosperity. Until that time, followers of Christ are told to be peacemakers (Matthew 5:9). The first step in being a peacemaker is to trust and obey God. If we put our trust or faith in anything else, such as the approval of men or wealth and possessions, we shall fail and not find true peace (Proverbs 11:28). On the other hand the righteous, those who trust and obey God, will flourish and find peace of mind. 'Great peace have those who love your law, and nothing causes them to stumble' (Psalm 119:165).

## **A rock-solid foundation**

In order to trust and obey God when we experience stormy or difficult times in our lives, we should heed the advice in Luke 6:46-49. These verses teach us that only obedience to God and Christ can give us a solid foundation. That foundation ensures that whatever trial or difficulty we may have to face, we will come through it.

Where is an example of this foundation of rock that we should build our lives upon?

The Bible tells us of a man who had many enormously difficult trials in his life, yet came through

them all. He was King David of Israel and he knew the solid rock in his life was God (2 Samuel 22:2-7). We too, just as David did in the Psalms, can cry out to God in our time of need as long as we are building on that sure foundation, first by daily prayer, asking for God's help and guidance, and secondly by studying the Bible to understand His will. These two

*'Great peace have those who love your law, and nothing causes them to stumble' (Psalm 119:165).*

methods will help us put what we learn from God into daily practice.

Peace of mind and freedom from anxiety spring from building our lives on the solid foundation of God's values and laws as revealed in the Bible.

## **What is peace?**

What then is peace? Is it merely the absence of conflict or war? Do cease-fires and peace initiatives in such places as Iraq and the Holy Land actually produce a lasting peace? No, only Christ's return and the setting up of His Kingdom will accomplish that.

True peace is an inner quality that can only be imparted by God's Holy Spirit. Peace is one fruit of that Spirit (Galatians 5:22), and

God gives it to those who obey Him (Acts 5:32). It frees us from fear, worry, doubt and hatred – and fills us with love, joy and peace.

At the end of the day, the governments and institutions of this world, influenced by Satan, often produce conflict based on self-interest. But Jesus Christ is called the Prince of Peace, and His coming righteous rule will produce a growing peace among all nations and peoples (Isaiah 9:6-7). Health, prosperity and happiness will flow as a result of people living peaceful, stress-free lives. That peace can only be achieved by developing a

love for, and an obedience to God's law. When the law is fulfilled in our lives, it produces peace and harmony. When we break it, pain and sorrow are the inevitable consequences.

## **Controlling our thoughts**

To avoid breaking God's law we have to control our thoughts. Sins like murder and adultery begin in the mind. We are instructed not to give ourselves over to uncontrolled anger because it could lead to murder. We also should not look upon a member of the opposite sex in a way that could lead to an adulterous relationship (Matthew 5:17-28). When these spiritual laws are broken, they lead to feelings of anger and retaliation by the

aggrieved parties, a desire to hit back and take revenge.

For a true follower of Christ, there can be no place for feelings of revenge. When we are hurt or wronged, God expects us to deal with the hurt as best we can and behave as a Christian rather than be confrontational (Matthew 5:38-41).

Our lives can be free from worry, anxiety, confusion and fear. These negative emotions can be replaced with real peace in the inner mind, which springs from obedience to God (Philippians 4:6-7). Controlling our thoughts is central to being an effective peacemaker. Thinking on a higher plane about virtue, justice, purity, and beauty will help engender

peace in our lives now (verses 8-9).

The Sermon on the Mount lists qualities and standards that God expects of every true Christian (Matthew 5:1-12). These are the Beatitudes, perhaps better expressed as the 'how-to-be attitudes'. Being a peacemaker is one of them (verse 9). To be an effective peacemaker we must not only understand the nature of true peace, but also live by all of these 'attitudes' as they together reflect the spirit of obedience to God.

### **What steps to take**

If you lack peace in your life, there is a sure formula for beginning to build this precious

quality into your character. Paul wrote: 'We have peace with God through our Lord Jesus Christ' (Romans 5:1). He died for our sins so that we could be reconciled to the Father. Real repentance followed by water baptism are the first steps on this road to peace with God.

Then He promises to forgive us and give us His Holy Spirit – the Spirit of peace and love. If you would like further information about how you can receive these blessings, please write for our free booklets *The Road to Eternal Life* and *Transforming Your Life*.

*Frank Jarvis*

## **Divine Healing in the New Testament**

**T**he gospel of Matthew explains that Jesus Christ took our infirmities and sicknesses upon Himself (see Matthew 8:16-17). This passage indicates that these words were written in direct connection with His final sufferings (Isaiah 53:4).

The gospel accounts are replete with examples of Christ healing every kind of illness and disease. Following Christ's death, burial and subsequent resurrection, the apostles followed their Saviour's example and were able to call upon Christ's name as God's instruments in healing the sick.

Today we have the New Testament instruction to call the elders of the Church for special prayer when we are ill

(James 5:14-15). They anoint the sick person with a small portion of oil according to the biblical example (Mark 6:13).

In case a person is unable to see an elder personally, the ill individual may request a cloth that is personally anointed by one of God's ministers, following the example given in Acts 19:11-12.

Of course, the Church does not discourage people from seeking competent professional advice to address an affliction, while at the same time looking to God for the miraculous healing that only He can give.

For information about faith, please request our free booklet *You Can Have Living Faith*.

*The Ministry of the United Church of God – British Isles*

## **Breaking Habits**

*(Continued from page 6)*

Other family members or friends may be able to help. If appropriate, we could seek competent professional help.

### **The spiritual dimension**

Persistent prayer has been proved to work for those who really believe in God.

Speaking of Jesus Christ as our High Priest, the writer of Hebrews says: 'For we do not have a high priest who cannot be touched with the feeling of our infirmities; but was in all points tempted *like as we are*, yet without sin.

Let us therefore come boldly before the throne of grace, that we may obtain mercy, and find grace to help in time of need' (Hebrews 4:15-16, emphasis added).

We can't promise that these suggestions will work for everyone, every time. But becoming more self-aware is a tool that may enable us to resist bad habits.

*Barbara Fenney*

# The Church in Ghana

## *Ten Days in the West African Tropics*

**W**hen I replied to Melvin Rhodes accepting his offer to visit Ghana for a 10-day visit to our ministers there, it was something of a leap of faith.

I had lived in South Africa for nearly 30 years, but as I was about to find out, tropical equatorial Ghana was not a climate many Europeans would find easy to live in. On arrival at 8.30 pm in Accra airport the air temperature was around 30 C (85 F). So for the first three days, before travelling to Kumasi 168 miles inland, walking outside was like being wrapped in a hot blanket, and any exertion brought streams of perspiration.

While living in South Africa we had travelled to neighbouring countries to visit and speak to members of God's Church. Melvin felt that I could add a helpful perspective as I had seen lives changed in the most testing of circumstances. In a community of friction, people had been able to meet together and unite in spiritual understanding and practice.

Sitting in the cab as it drove down the main street I was amazed at the openly biblical influence on Ghanaian society. A considerable number of businesses were named after Bible characters or after God's name: 'God's Grace Hair Salon'; a truck with 'Ecclesiastes 9:11' painted on its front cab – without the text – assuming people know the reference is about doing work with all your might.

The main reason for the trip was to have further discussions about doctrine and administration with the ministry of the United Church of God in Ghana. For a number of years they had operated under the name of Remnant Church of God and had been greatly helped by the publications of Herbert W Armstrong. With the numbers of those attending at more than a thousand, it has been quite a transformation since their leadership first contacted the United Church of God for help and guidance.

Over the past two years, several ministers have

visited from the USA to help ensure doctrinal and administrative consistency. It was a unique experience for me to attend the Kumasi congregation of around 80, many in traditional Ghanaian attire, and hear them sing special music with obvious natural talent. They are an enthusiastic and warm people, their children friendly and well mannered.

During the 10 days in Accra and Kumasi we spent time with their National Council, with 18 elders and 12 pastors. We interviewed the elders for credentialing as ministers of United Church of God. (The pastors had been credentialed some months earlier.)

In my first presentation I covered how our name represents our experience, character and personality to others. So when the

Remnant Church of God became part of United Church of God, they became representatives of a Church that has common characteristics around the world.

The Ghanaian ministers appreciated hearing how they can share their workload by choosing and training suitable helpers. As in many African cultures, the women often have little schooling. The spare cash goes to putting the boys to as high a level of education as possible to increase their future earnings. The Church in Ghana is already finding ways to improve the literacy of children and women.

It was a special trip that was worth the agony of the yellow fever jab, and the subsequent 12 days waiting for the effects to wear off. It was worth taking anti-malaria tablets and 'seeing off' every Ghanaian mosquito in sight. We saw once again that God's Holy Spirit unites the Church across the ethnic, language and cultural barriers that exist in today's divided world. If you would like more information, please request our free brochure *This Is the United Church of God*.

*Peter Hawkins*



Some of the Ghanaian brethren

# *Breaking Bad Habits*

*Are we in control of our thoughts and actions, or does something else rule in our lives? Are we in bondage to stubborn habits and runaway emotions?*

*How can we take back control of our lives?*

**M**any of us have bad habits we want to break. We may use bad or inappropriate language because that's how we were brought up. Perhaps we smoke, gamble, drink too much alcohol, or simply fail to listen to others through impatience or disinterest.

Maybe we talk too much or overeat because we are bored or stressed? Untidiness can be a problem – negligence in putting things away after we've used them. Perhaps we habitually exaggerate.

## **Cause and effect**

Some of these bad habits could cause serious health problems. Uncontrolled anger could result in criminal acts, and even untidiness can cause problems within families. All of these bad habits have one thing in common – they all reveal a lack of self-control.

*Writing things down helps our memory and also aids us in learning to anticipate problems.*

Some wake up in the morning craving a cigarette, or come home from work and say, 'I need a drink'. We may shout at the kids because it is simpler than getting to the root of whatever is really wrong. If so, then we are not in complete control of our own lives.

The apostle Paul wrote: 'You are slaves to the one you obey' (Romans 6:16). If we do not take responsibility for our own thoughts and actions, no one else will.

So how can we go about taking control of our lives? Perhaps we can learn from Cognitive Behavioural therapists – they're the sort of people who help with such things as phobias, eating disorders and symptoms of post-traumatic-stress disorder such as nightmares and panic attacks. Cognitive means 'the action or faculty of knowing or perceiving as opposed to volition and emotion'. Basically it means being aware of what you are doing and why you are doing it.

## **Admitting the problem**

First we have to admit we have a problem. This is often the hardest part. Maybe it isn't all our fault. The problem may be the result of a habit we learned in early childhood. But does that mean we should continue to live with it?

Having first admitted that the problem exists, we should be sure

we really *want* to break the habit. What are the likely outcomes of not defeating the problem – serious ill health, divorce, embarrassment? What are the plusses of overcoming – better surroundings, better health, more money, peace of mind?

Once we have decided that we are serious about trying to break a habit, here are some techniques that we can use.

Try to think of a time when you have given in to a bad habit

recently. Visualise the situation and analyse how and why it happened. What were the feelings at the time?

It often helps to keep a diary of the incidents and why we think they happened. Therapists issue diary sheets which those being counselled are asked to complete each time they encounter their phobia or a nightmare. Writing things down helps our memory, and also aids us in learning to recognise what is going on and to anticipate problems in advance.

We may try to think of other ways the situation could have been handled, such as asking someone else how they would deal with a similar situation. Their solution may not be the best for us, but the more ideas we have the better armed we are to defeat the habit.

Try to be aware if the habit recurs over the next few days. As we become more aware we will probably find it has less hold over us. We will need willpower, but will hopefully begin to recognise when the habit normally takes over, and then take steps to avoid being ensnared.

## **Commonsense solutions**

Setting up a distraction may be helpful, such as listening to music, or planning a task to keep ourselves occupied. A new hobby or other interest might prove useful. It is best to avoid areas associated with past failures. For example, if smoking is a problem, we shouldn't visit the newsagent if we know we may end up buying cigarettes.

*(Continued on page 4)*

# Questions & Answers

**Q** *Editor's Note:* Following is a condensed version of our response to an enquiry about baptism from a reader in Essex.

**A** In preparing for baptism, we need to be sure that we fully understand the role of God Himself.

God the Father is 'Lord of heaven and earth' as Jesus Christ Himself said (Matthew 11:25). The Father Himself is continually deciding whom He will call to eternal life now in 'this present evil age' (Galatians 1:4). The Father is 'the Lord of the harvest' (Matthew 9:38). This is said in the context of those whom our Creator is calling to salvation, the firstfruits of God in this age of man.

It is also important to understand that Jesus Christ did and does the Father's work (John 4:34). He said: 'My Father works and I work.' They are both intimately involved with our salvation and want to put us firmly on the road to eternal life.

The Father takes the first step by calling whom He will (see John 6:44, 65). But Christ makes possible the forgiveness of our sins through His historic sacrifice.

The first requirement on our part is true and genuine repentance, which results in *change*, rather than the selfish sorrow of this world (Acts 2:38). Even fulfilling this requirement is not possible without our Creator's help. The Scripture says that the goodness of God leads

us to repentance (Romans 2:4). God is the One who grants us repentance if we ask. Repentance is a recognition of the errors of the past, sorrow for wrongdoing, and a resolute determination to change. It involves a change of mind, a change of heart and a change of lifestyle.

After we are led to truly repent of our sins and the pulls within us that cause us to sin, God has bound Himself to completely forgive us.

Notice King David's marvelous understanding of God's mercy in Psalm 103:8-14: 'The LORD is merciful and gracious, slow to anger and abounding in mercy. He will not always strive with us, nor will He keep His anger forever. He has not dealt with us according to our sins, nor punished us according to our iniquities. For as the heavens are high above the earth, so great is His mercy toward those who fear Him; as far as the east is from the west, so far has He removed our transgressions from us.'

Repentance and forgiveness go together. Christ said that He would use the apostle Paul 'to open their eyes and to turn them from darkness to light, and from the power of Satan to God, that *they may receive forgiveness of sins*' (Acts 26:18, emphasis added).

God forgives us because the sacrifice of His Son has abundantly satisfied the penalty for our past failures to keep God's law. Jesus Christ shed His own precious blood

in order to pay the price for our sins – transgressions of God's law (1 John 3:4). Genuine repentance, followed by the required rite of water baptism that symbolically shows the washing away of our sins, *always* results in God's merciful forgiveness (see Acts 22:16).

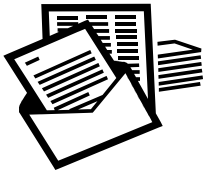
The requirements on our part (always greatly assisted by God's generous help and personal interest) consist of true repentance, living faith, and water baptism, which is then followed by the laying on of hands of the ministry – the biblical method God uses to impart His Holy Spirit to the repentant believer.

The Holy Spirit is the down payment, and its presence within us becomes the assurance of everlasting life to follow in God's Kingdom. Rest assured that God is more willing to give us His Holy Spirit than we are to give good gifts to our children. Christ said that it is the Father's good pleasure to give us the Kingdom (Luke 12:32).

If you would like personal counsel in regard to baptism, please let us know by letter, telephone or email – and we will be happy to arrange a private appointment with a minister of the United Church of God. If possible, please include a contact telephone number. You may also wish to request the free booklet *Transforming Your Life* for further study on this subject.

## ***How our literature is funded***

The United Church of God *British Isles* is registered as a charity in England and Wales (number 1079192). The publication of this Supplement and other literature is funded by the generosity of members of the Church, co-workers and our readers. Following Jesus Christ's instruction (Matthew 10:8), it is supplied free of charge so that it can be made available to all who wish to receive it. We are grateful to those who assist financially in the work done by *The Good News*. Donations may be sent to: The United Church of God, PO Box 705, WATFORD WD19 6FZ. Euro donations can be transmitted to our Euro bank account using the IBAN: GN63 NWBK 6072 1027 0225 87. IBAN BIC: NWBK GB 2L.



# Letters From Our Readers

## **The Good News**

I find the publications valuable in my understanding of the Bible. They answer questions that have niggled away at me for some time. As a source of inspiration, a reminder of the important teachings of Jesus and demystifying the meanings in the Bible, there are no similar publications to touch them. Thank you for such a relevant periodical.

*D R S, Bridgwater, Somerset*

I enjoyed reading *The Good News* you sent me. A lot of what I read in your magazine is true. I am looking forward to the next copy. Thank you again for your brilliant magazine.

*J M, Dumbarton, Scotland*

Reading *The Good News* has made me learn that God is always there for me. Thank you for opening my eyes.

*N W, Dudley, Birmingham*

Thank you for your magnificent publications which shed light on topical matters, the way of life, and the Bible in relevance to those issues.

*D E S, Canterbury*

Though I am still a student, I hereby enclose a little sum. I have gained loads of knowledge from your publications. I will give more when I get a job.

*E N, London*

## **Seeking fellowship with others**

You have been sending *The Good News* to me since the beginning of the year 2001. Your advertisement was in *The Daily Telegraph*. I have now started the *Bible Study Course*. But what I am looking for now is fellowship with other readers that are likeminded and believe that the Sabbath day is on the seventh day of the week. Is it possible for you to put me in touch with any near me? A donation is enclosed for any expenses.

*G M F, Eastleigh, Hampshire*

Thank you for your publications and for not forgetting me. Your message reinforces my own inner feelings that time grows short for the present world order, but that better times are ahead. I would perhaps like to come to one of your meetings and hear your message personally.

*P A, Truro, Cornwall*

I am a recent subscriber and find your articles interesting and thought provoking. I am looking forward to the next issue already. Please advise where and when you intend to start your next study group in the Northwest of England.

*A S M, Hyde, Cheshire*

Thank you for your publications. It means so much to me to have a biblical perspective on the events in this world and the issues facing me in my life. I live in central London. Are there any fellowship groups planned for here?

*K S, London*

## **Fellowshipping with Others**

The United Church of God *British Isles* continues to plan additional meetings for study and fellowship throughout Britain. We already have congregations in or near:

- Birmingham**
- Bricket Wood**, near St Albans (just north of London)
- Edinburgh**
- Gloucester**
- Preston** in Lancashire
- Ramsey**, Isle of Man
- Tonbridge**, Kent

We also have Bible Study groups in **Chelmsford**, Essex, and **Taunton**, Somerset, and are planning to start one in central London, and possibly in Northern Ireland. Video sermons and fellowship are being planned for Southampton and mid-Yorkshire.

If you are interested in attending any of these groups, or desire fellowship in other areas, please contact us at:

PO Box 705, Watford WD19 6FZ  
E-mail [info@goodnews.org.uk](mailto:info@goodnews.org.uk)  
Telephone: 020 8386 8467

Your contacting us will help us choose areas for future meetings. Please include your phone number.

*Thank you all for responding to our programme to expand the number of United Church of God fellowship groups in the British Isles. We are individually contacting each reader who responds. We may be starting a new Bible study group in central London soon. For more information please see the adjacent box.*